

WHAT IS CLAIMED IS:

1. A composition for application to the skin comprising a sebum regulator, an anti-inflammatory compound and a keratolytic agent, wherein when applied to the skin said composition is capable of at least one of the following: (a) inhibiting or regulating sebum production; (b) inhibiting or treating oily skin; (c) preventing or inhibiting the development of acne; and (d) treating acne when present.
2. A method of preventing, controlling or inhibiting the oily/shiny appearance of skin and consequential disorders resulting therefrom comprising the topical application of a composition comprising a sebum regulator, an anti-inflammatory compound and a keratolytic agent.
3. A composition according to claim 1 wherein said composition further comprises a bacterial lipase inhibitor.
4. A composition according to claim 3 wherein said composition further comprises a bacterial proliferation inhibitor.
5. A composition according to claim 1 wherein said sebum regulator is a 5-alpha-reductase inhibitor.
6. A composition according to claim 5 wherein said 5-alpha-reductase inhibitor is an amino acid.
7. A composition according to claim 5 wherein said amino acid is a glycine.
8. A composition according to claim 3 wherein said bacterial lipase inhibitor is selected from the group consisting of:

hydrolyzed wheat protein, hydrolyzed soy protein, cedarwood extract or combinations thereof.

- 5 9. A composition according to claim 1 wherein said anti-inflammatory compound is selected from the group consisting of alpha-bisabolol, dipotassium glycyrrhizinate, allantoin, matricaria (chamomilla recutita) extract, tocopheryl acetate, green tea (camellia sinensis) extract, turmeric (curcuma longa) extract and portulaca extract.
- 10 10. A composition according to claim 1 wherein said keratolytic agent is selected from the group consisting of salicylic acid, benzoyl peroxide, resorcinol, colloidal sulphur, selenium disulphide, sulfur and combinations thereof.
- 15 11. A composition according to claim 4 wherein said bacterial proliferation inhibitor is selected from the group consisting of: salicylic acid, tea tree oil, erythromycin and clindamycin.
- 20 12. A composition for application to the skin comprising a sebum regulator, a bacterial lipase inhibitor, a keratolytic agent and an anti-inflammatory agent, wherein when applied to the skin said composition is capable of at least one of the following: (a) inhibiting or regulating sebum production; (b) inhibiting or treating oily skin; (c) preventing or inhibiting the development of acne; and (d) treating acne when present.
- 25 13. A composition according to claim 12 wherein said sebum regulator is a 5-alpha-reductase inhibitor.

14. A composition according to claim 13 wherein said 5-alpha-reductase inhibitor is an amino acid.
15. A composition according to claim 14 wherein said amino acid is a glycine.
- 5 16. A composition according to claim 12 wherein said bacterial lipase inhibitor is selected from the group consisting of: hydrolyzed wheat protein, hydrolyzed soy protein, cedarwood extract or combinations thereof.
- 10 17. A composition according to claim 12 wherein said anti-inflammatory compound is selected from the group consisting of alpha-bisabolol, dipotassium glycyrrhizinate, allantoin, matricaria (chamomilla recutita) extract, tocopheryl acetate, green tea (camellia sinesis) extract, turmeric (curcuma longa) extract and portulaca extract.
- 15 18. A composition according to claim 12 wherein said keratolytic agent is selected from the group consisting of salicylic acid, benzoyl peroxide, resorcinol, colloidal sulphur, selenium disulphide, sulfur and combinations thereof.
- 20 19. A composition according to claim 12 wherein said composition further comprises a bacterial proliferation inhibitor selected from the group consisting of: salicylic acid, tea tree oil, erythromycin and clindamycin.
20. A composition for application to the skin comprising cedarwood extract, salicylic acid and portulaca extract.

21. A composition according to claim 20 wherein said composition further comprises an amino acid having 5-alpha-reductase inhibition activity.
- 5 22. A composition for application to the skin comprising an amino acid having 5-alpha-reductase inhibition activity, salicylic acid and portulaca extract.
23. A composition according to claim 22 wherein said amino acid is a glycine.
- 10 24. A method according to claim 2 comprising applying said composition to the skin at least one time per day for at least one week.
- 15 25. A method of controlling or at least inhibiting, the oily nature of skin and consequences thereof, comprising the topical application of a composition containing a cedar wood extract, an amino acid derivative, a cinnamon extract, an anti-inflammatory compound and a keratolytic agent to the affected part of the skin.
- 20 26. A method of treating acne or at least inhibiting acne comprising applying a composition comprising cedar wood extract, an amino acid derivative, a cinnamon extract, an anti-inflammatory compound and a keratolytic agent to skin susceptible to developing excess oiliness.
- 25 27. A method of improving the appearance of skin afflicted with acne comprising the topical application of a composition comprising a sebum regulator, an anti-inflammatory compound and

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a keratolytic agent whereby the appearance of said skin improves within two days of said topical application.